



## Medical Respite Referral Form

### Patient Information

Date of Referral: \_\_\_\_\_ Anticipated Discharge Date: \_\_\_\_\_  
Client Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Referring Organization: \_\_\_\_\_ Referral Contact Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Medical reason that respite is needed: \_\_\_\_\_

Housing Information: (Select all that apply)

- ☐ Sleeping in shelter immediately before hospital entry
- ☐ Sleeping on streets immediately before hospital entry
- ☐ No housing discharge location available
- ☐ Not Homeless

1. E-mail completed Screening Form (2 pgs.) and PT/OT/RN/MD notes to [MedicalRespite@texashealth.org](mailto:MedicalRespite@texashealth.org)

Referrals will be reviewed in the order of receipt

Turnaround times are 24-48 hours depending on complexity

Referrals received after 4pm or on holidays will be reviewed the next business day

2. Texas Health Resources staff will reply to referring agency regarding follow-up questions and status.

3. Intakes occur Monday - Friday 9am - 12pm. Client must present to Austin Street center during this time.

4. Referring staff will set up transport and notify Texas Health Medical Respite of final date and approximate time of entry.

5. Referring facility must send a 30-day supply of prescribed medication with the patient along with written discharge instructions.

6. ID/Discharge paperwork will be required on presentation to Austin Street Center

Continue to second page for preliminary screening

## Screening Criteria

### Inclusion Criteria – The client is NOT ELIGIBLE if any of these answers are “NO”

Can the client provide a copy of their ID or medical record face sheet?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client an adult? (Age 18 or over)	Y <input type="checkbox"/>	N <input type="checkbox"/>
Does the client weigh less than 375lbs (170.45kg)	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client able to self-care without nursing assistance?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Can the client eat independently?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Can the client ambulate with no assistance?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Can the client get in and out of bed with no assistance?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Can the client bathe and use the restroom without assistance?	Y <input type="checkbox"/>	N <input type="checkbox"/>

### Exclusion Criteria – The client is NOT ELIGIBLE if any of these answers are "Yes"

Does the client have intensive medical needs? (wound vac, trach suction, vascular lines)	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client currently having suicidal/homicidal ideation?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Does the client require dementia or cognitive care?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Does the client require medication management for withdrawal?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client currently in isolation status for:		
C. Diff	Y <input type="checkbox"/>	N <input type="checkbox"/>
MRSA	Y <input type="checkbox"/>	N <input type="checkbox"/>
TB	Y <input type="checkbox"/>	N <input type="checkbox"/>
Bed Bugs	Y <input type="checkbox"/>	N <input type="checkbox"/>
Scabies	Y <input type="checkbox"/>	N <input type="checkbox"/>
Does the client require a urinal?	Y <input type="checkbox"/>	N <input type="checkbox"/>

### Prognostic Criteria – Eligibility determined on case-by-case basis

Does the client require oxygen therapy?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Only o2 concentrators can be accepted		
Does the client require suboxone or methadone therapy?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client on dialysis?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Does the client require hospice or palliative care?	Y <input type="checkbox"/>	N <input type="checkbox"/>
Is the client appropriate for a group setting?	Y <input type="checkbox"/>	N <input type="checkbox"/>